

# AVANTHI DEGREE AND P.G. COLLEGE

(Approved by AICTE, Affiliated to Osmania University & Recog. by Govt. of T.S.) 16-11-741/B/1/A, Moosarambagh Dilsukhnagar, Hyderabad T.S.)

Event Report		
S.No	Description	Details
1.	Name of the Activity	BARCLAYS LIFESKILLS PROGRAMME
2.	Date of conduction	29/7/2025
3.	Organized By	Avanthi Degree and PG College
4.	Co ordinator	Mr.P Naveen Chandra, Mrs.Annapurna, Mr.B. Ramakrishna Reddy, Mrs Maneesha, Mrs.Rizwana, Ms.Padma
5.	No of participants	100
6.	Venue	Seminar hall
7.	Speaker	Ms.Madhurima
8.	Description	Session on Life skills ,Resume preparation, Interview attending skills



# BARCLAYS LIFESKILLS PROGRAMME



**Join Our Immersive LifeSkills Training Workshops! and Embark on a Journey to Career Success.**

- DEVELOP ESSENTIAL COMMUNICATION AND PRESENTATION SKILLS.
- LEARN THE IMPORTANCE OF GROOMING AND BODY LANGUAGE.
- MASTER EMAIL AND WORKPLACE ETIQUETTE.
- BUILD AN IMPRESSIVE RESUME.
- ENHANCE YOUR EMOTIONAL INTELLIGENCE.
- SET AND ACHIEVE YOUR GOALS EFFECTIVELY.
- MANAGE YOUR TIME EFFICIENTLY.
- UNDERSTAND AND ENHANCE YOUR VALUE SYSTEM.
- BUILD TRUST IN PERSONAL AND PROFESSIONAL RELATIONSHIPS.
- ACE YOUR INTERVIEWS WITH CONFIDENCE.
- IMPROVE YOUR CRITICAL THINKING ABILITIES.

Workshop

- Communication & Presentation Skills
- Grooming & Body Language
- Email Etiquette & Workplace Etiquette
- Resume Building & Emotional Intelligence & Goal Setting
- Time Management
- Enhancing Value System
- Trust Building
- Interview Skills
- Critical Thinking & SWOT Analysis



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